

Daily Stakeholder Report - 11-4-2024

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Daily Accountability Questions

Q: Did you spend from 0700 to 1900 in a building/investing/maintaining/billing mindset? spending minimal time on non productive overhead, delegating everything possible and executing against the days objectives?

A: Yes

Q: Did you allocate your time optimally today in both personal and building/billing focus?

A: Yes

Q: Did you fully live your motto "ShowDone,Don't say what will be done" today?

A: Yes

Q: Did you complete all of your routine items for today on schedule and with no exceptions?

A: Yes

Q: Were you the co founder and peer executive that TSYS and its stakeholders needed you to be today?

A: Yes

Wins / Challenges and things of note

Did a full 18 hour day.

Food / Fitness / Health Log

22:00 ↗

📶 96%

Summary

Activity Rings



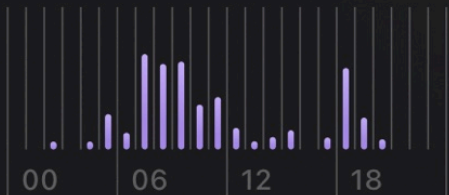
Move
940/540 CAL

Exercise
18/30 MIN

Stand
16/12 HRS

Step Count >

Today
9,027



Step Distance >

Today
4.29 MI



Sessions >

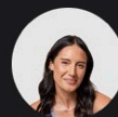


Other
445 CAL

Saturday

Trainer Tips

Ways to get better
at balance in yoga



with Fitness+
Trainer Jessica

Fig. 1: A9F6DC5F-9068-42BF-8E9E-5719156C143E.jpg

Todays objectives

Build out related:

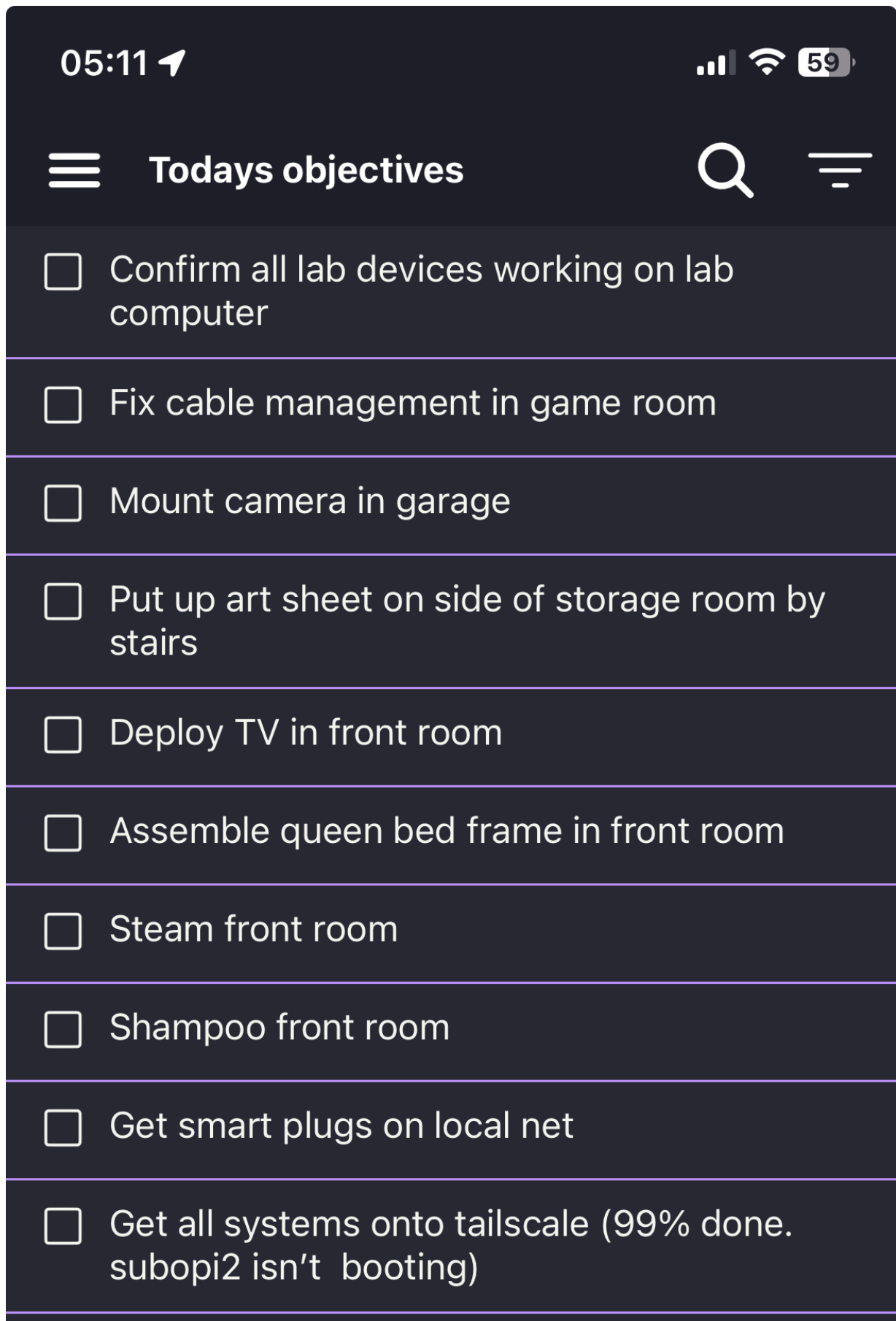


Fig. 2: DD370CF0-4E69-45CB-AB79-1CAB9C52119E.jpg

And as much of these as I can:



- Get homebox configured
- Setup matrix using ReachableCEO email
- Setup Joplin email integration
- Setup Redmine email integration
- Activity watch on both accounts
- Document streaming setup
- Finalize streaming setup
- Publish blog post on ukrres (my local AI system)
- Finish and publish my daily driver blog posts
- Document Joplin setup on my blog
- Finalize Joplin setup in both accounts
- Finalize and Publish new VsCode docs profile
- Setup wakatime clients in both accounts
- Setup local AI in both accounts

Update build / publish workflow for handbook

Update build / publish workflow for sh
guide

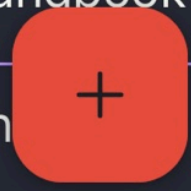


Fig. 3: 036CC7F7-5B7D-4AFA-B215-721977CF68E7.jpg

Ad of 1140: (no progress on digital todo items yet, diving into those shortly)

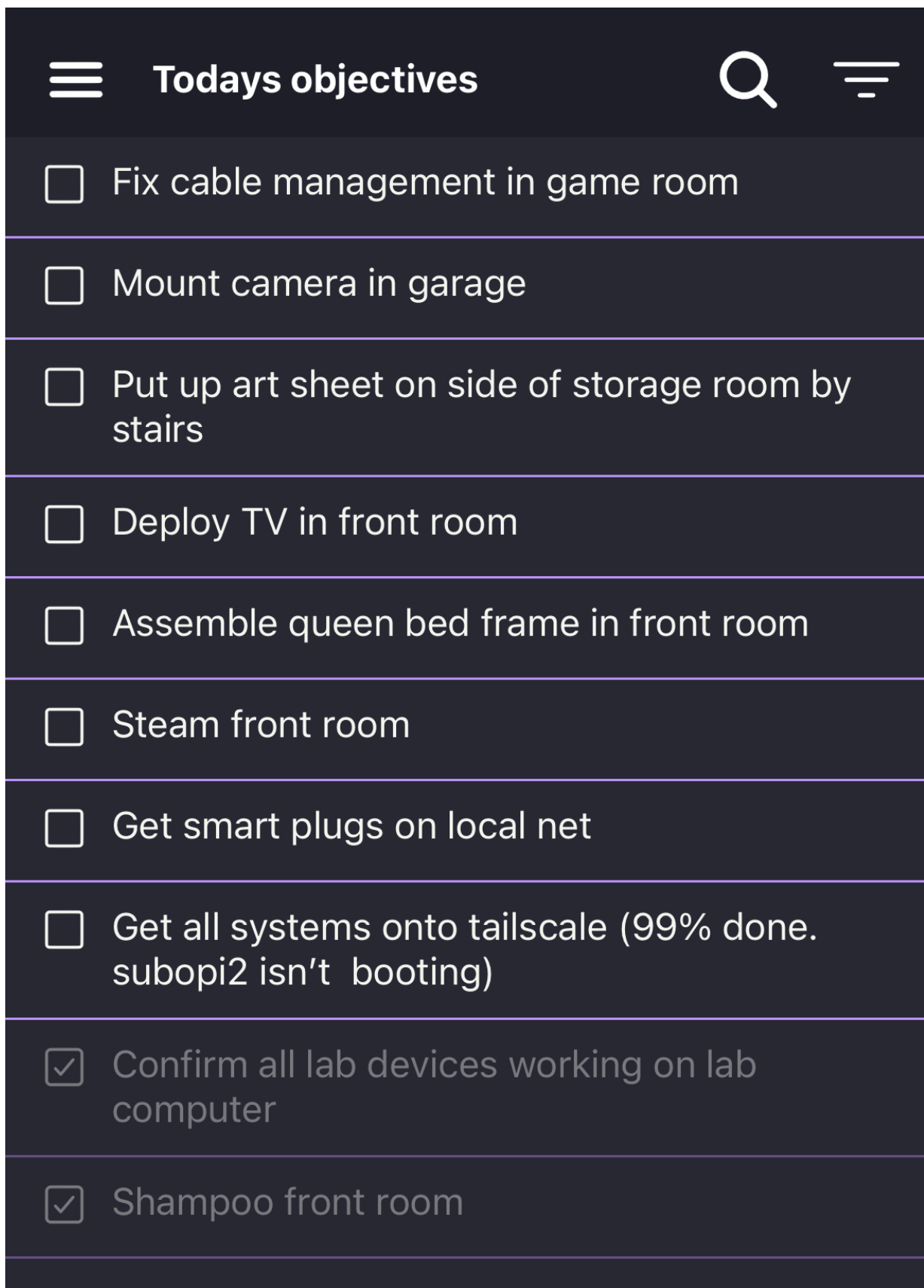


Fig. 4: 7A2CB56F-0578-4280-9CFA-6D4D941C7939.jpg

As of 2157 (non digital objectives :)

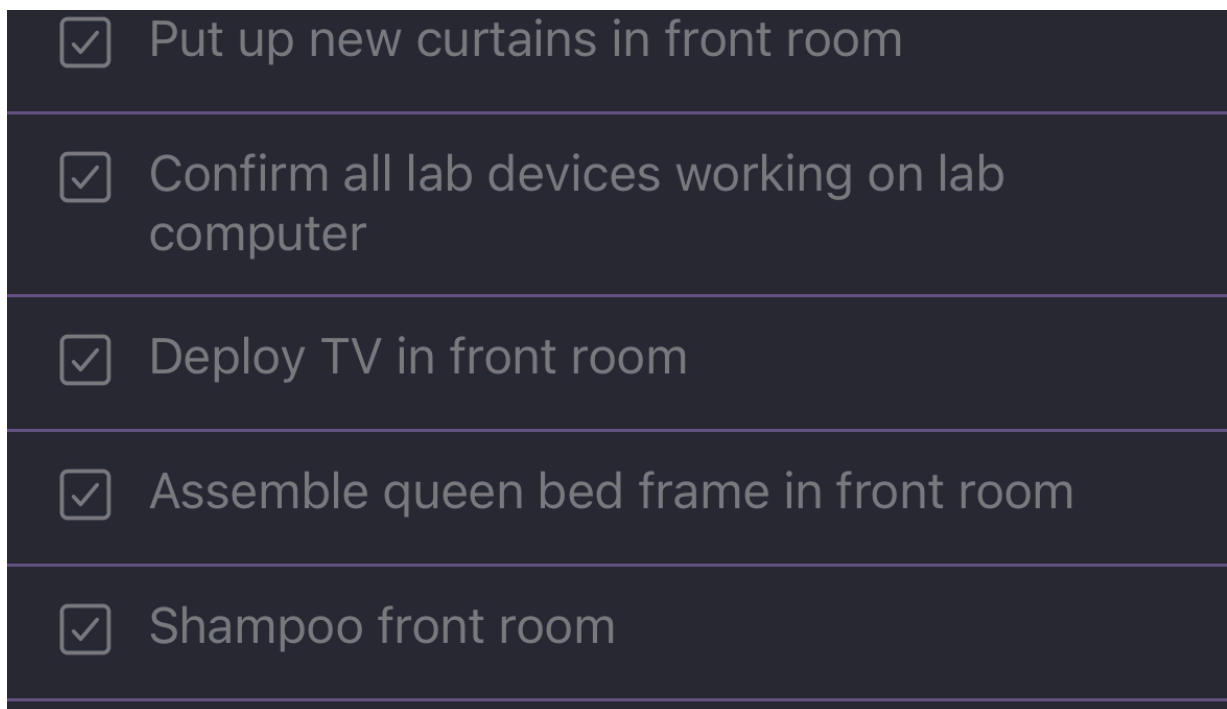


Fig. 5: 7BA34657-0BA1-4C8C-8E66-8F7343886C91.jpg

(Digital objectives):

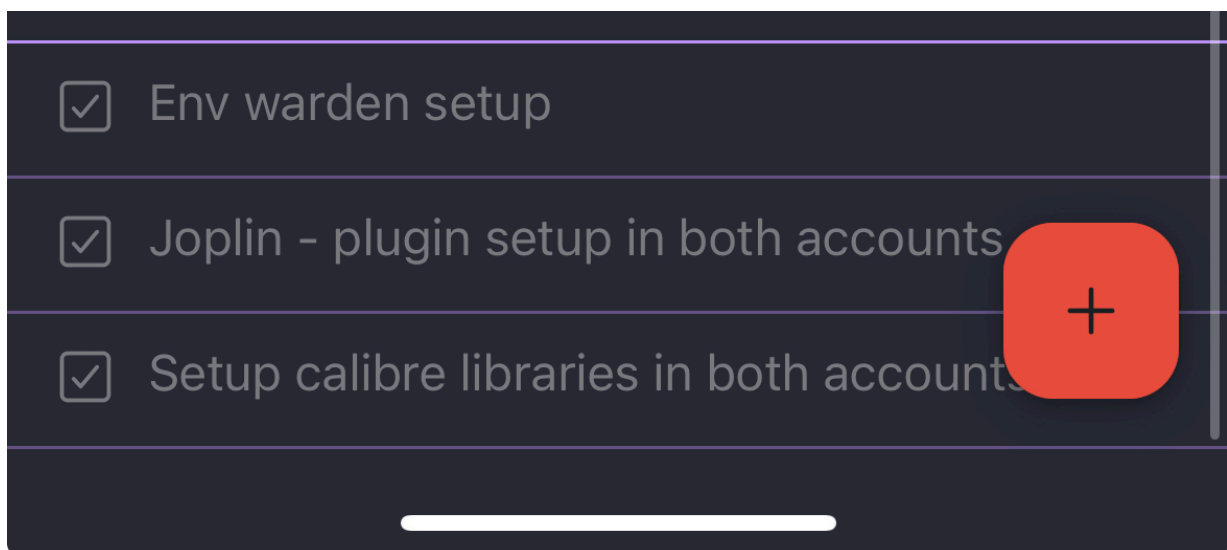


Fig. 6: B34F2634-2D33-4AB7-8541-A49C1D9B5FD7.jpg

General mood/progress/thoughts log

0500 up and running

0520 finalized yesterdays report. Setup today's objectives.

0600 breakfast on board. House ops completed.

0704 arrived at site R to move front room build out forward and work on workshop final buildout.

0841 mirroring my laptop to fire stick works great. Been wanting to test that for awhile.

Treated spots in front room so I can shampoo.

Moved cleaning things from laundry room to garage so I can move some things from kitchen to laundry room (it's right off the kitchen and I've got lots of storage setup in it) .

Also have storage for fasteners now. And finally deployed my clear drawers to the lab bench.

About to shampoo front room carpet now.

0855 front room shampooed. Heading downstairs to validate all lab equipment is usable from the lab PC.

1020 all equipment in the workshop / lab is plugged in , labeled and validated working with the lab pc.

1139 back at site Y. Enjoying brunch and then diving into my digital objectives for the day.

1314 Joplin setup getting dialed in. Narrowed down the plugin causing Joplin to crash (Zotero link :(). Also replied/followed up to all outstanding recruiter communications and created a nice folder hierarchy to much better organize the mail. (Soon will be in Joplin!)

2152 Got front room prep 90% done. Sorted all of my ebook / article content into internal / external. Figuring out how to best utilize audio bookshelf. Major file / email cleanup done. Adjusted focus modes / alarms / routine to reflect new schedule.

2359 end broadcast day. Very productive and balanced day across digital and non digital.