

Daily Stakeholder Report - 10-24-2024

- [Daily Accountability Questions](#)
- [Wins / Challenges and things of note](#)
- [Food / Fitness / Health Log](#)
- [Todays objectives](#)
- [General mood/progress/thoughts log](#)

Daily Accountability Questions

Q: (Monday to Saturday) Did you spend from 0700 to 1900 in a building/investing/maintaining/billing mindset? spending minimal time on non productive overhead, delegating everything possible?

A: Yes

Q: Did you allocate your time optimally today in both personal and building/billing modes?

A: Yes

Q: Did you fully live your motto "ShowDone,Don't say what will be done" today?

A: Yes

Q: Did you complete all of your routine items for today on schedule and with no exceptions?

A: Yes

Q: Were you the co founder and peer executive that TSYS and its stakeholders needed you to be today?

A: Yes

Wins / Challenges and things of note

Huge amount of trash / recycling removed from Site R.

Finally got groceries and back on my strict diet!

Food / Fitness / Health Log

2 IDLE HOURS

Steps

13,694

Distance

6.45MI

Flights Climbed

19

Feeling good even with the grueling week I've had mentally / physically / financially. Maintaining positive spirit , grinding on and keeping in close constant contact with my support / accountability team..

Todays objectives

Same as previous days this week. Finish Site R buildout / prep for primary bedroom reset / techops punchlist / digital organizing.

Also need to get back to 18 hours up instead of 16. The 2200 to 0000 time is critical for timely report publishing , checking email, updating project plans etc. Been a grueling week so I took it a bit easy.

General mood/progress/thoughts log

0550 up and running

0626 morning hygiene routine completed , updated richelle build out critical path thusly :

todo

Bring office desk contents downstairs

Bring office desks downstairs

Clear office wall of personal effects

Bring contents of office closet downstairs to garage / server room / storage room

Empty out primary bedroom closet to game room

Organize the emptied contents for reloading

Optimize shed storage

Move things from storage room to garage (water containers) / shed (box fans)

Completed

Bring IOT projects downstairs

Adjust UpS rack

Move r&d rack to make space for shelving unit

Empty out storage room floor to hallway to allow full accessibility to storage room shelves

Empty appropriate storage room shelving unit based on closet contents

Move emptied shelving unit to server room

Move all in one printer to Patti office

Setup Pc/label maker/neat scanner and other office equipment on desk in storage room

Bring storage drawers from office to garage / server room / storage room

Bring bins and backing downstairs

0821 completed travel errand, arrived at richelle , took in trash cans , fed dogs and filled water .

Diving into objectives for the day now.

1815 travel errands completed (and I won't have anymore for foreseeable future). Tahoe back in my possession. Office is fully emptied out. Finalizing moving the last odds and ends downstairs now.

2200 made good progress on getting the staging area downstairs setup. Fully ready to receive everything remaining from upstairs.

Optimized fridge setup / did HEB and Costco run. Very pleased to be back on my diet. This week was grueling and I did some short term deviation from my diet to increase (healthy non empty) calorie consumption.